

Kidney Essentials

A blend of herbs & mushroom extracts to support healthy kidney function

Kidney Essentials is a unique blend of herbs and mushroom extracts designed to support healthy kidney function.* The ingredients in Kidney Essentials work together to help promote a healthy inflammatory response and to support proper function of the glomeruli (the tiny blood vessels which are the main site where blood is filtered in the kidneys).* Keeping these vessels healthy ensures the kidneys can filter blood effectively.*

The kidneys are known mostly for their role in the urinary system, as the organs that produce and concentrate urine. However, they also serve the critical function of filtering normal metabolic waste products from the blood and maintaining proper mineral and electrolyte levels in the blood. (Waste products are filtered out into the urine and then excreted, while the kidneys retain certain minerals and other nutrients—such as sodium, potassium, and magnesium—and return them to the bloodstream. Excess amounts of these are filtered out and excreted.)

The blood vessels responsible for filtration are extremely small and fragile. For this reason they can be affected by suboptimal blood pressure and blood sugar levels. The foundation of healthy kidney function is a nutrient-rich diet with carbohydrate intake tailored to allow for maintenance of healthy blood sugar and insulin levels, as well as adequate intake of minerals that may support healthy blood pressure, such as magnesium and potassium. The ingredients in Kidney Essentials may help provide additional support beyond this for optimal kidney function.*

Highlights

- **Champignon** is an extract of the *Agaricus bisporus* mushroom, also known as the white or button mushroom. It has been shown to promote healthy waste filtration by the kidneys.*
- **Cordyceps sinensis** is a fungus that has been used in traditional Chinese medicine for thousands of years. It supports proper blood filtration and promotes a healthy inflammatory response.*
- **Poria cocos**, also known in Chinese as fu ling, is another fungus used in traditional Chinese medicine that has been shown to support kidney health and normal immune function.*
- **Panax quinquefolius**, more commonly known as American ginseng, is a slow-growing, perennial plant and is one of the most widely studied and commonly used plants in herbal medicine. While it is most known for its support of proper immune function and healthy energy levels, it also plays a role in supporting normal kidney function.*
- **Astragalus root** has been used in traditional Chinese medicine for more than 2,000 years and is widely recognized for supporting kidney health and facilitating normal blood flow.*

Recommended Use:

Take 2 capsules per day, or as directed by your health care practitioner.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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